



Correspondence From the Convention Floor



Photo Submitted by Chrissy Chamberland

Local MaRLCA delegates and district officers traveled to Orlando, FL in September for the 2022 National Convention. See more photos from their journey inside on Page 12.



Report of the President

William Piwowarski, MaRLCA President



End of Days

The title seems ominous doesn't it? But what it really is, is what we all work toward and that is retirement.

The Postal Service isn't all that good at informing you of what you need to know about your future and where it all leads to. We have tried as your union to inform you over the years what you should know in articles like this one and -

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Future Dates to Remember

- **District 1, 2 and 3 Meetings**
No dates at time of press
- **February 20**
Presidents Day
- **March 7**
Backroads Journal Deadline
- **March 24-26**
Eastern States Convention
- **May 7**
Spring State Meeting
(Location TBD)
- **August 15-18**
National Convention 2023

MARLCA EDITOR

Wyatt Aloisio
backroads.marlca@gmail.com

**SPRING EDITION
DEADLINE
March 7, 2022**

*Address Change:
You can log on to
<http://liteblue.usps.gov>*

The Backroads Journal is a publication of the MARLCA. Opinions and views expressed in this newsletter are those of the writer and do not necessarily reflect or represent those of the Editor or the State Officers of the MARLCA.

January 2023

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 New Year's Day	2	3	4	5	6	7 PP-01
8	9	10	11	12	13 Pay Day	14
15	16 Martin Luther King Jr.	17	18	19	20	21 PP-02
22	23	24	25	26	27 Pay Day	28
29	30	31				

February 2023

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3	4 PP-03
5	6	7	8	9	10 Pay Day	11
12	13	14 Val Day	15	16	17	18 PP-04
19	20 Presidents Day	21	22	23	24 Pay Day	25
26	27	28				

March 2023

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3	4 PP-05
5	6	7 BRJ Deadline	8	9	10 Pay Day	11
12 Daylight	13	14	15	16	17	18 PP-06
19	20	21	22	23	24 Pay Day Eastern Con.	25 Eastern Con.
26 Eastern Con.	27	28	29	30	31	



Report of the President

William Piwowarski



...(continued p.1)

verbally if you have attended state and district meetings. We even had a specialist due a seminar at one point and while that was several years ago you were all invited to one just recently done in Rhode Island by the same specialist. If you haven't taken the time to read and or hear these messages there is little I can do, or maybe you trust the Post Office to take care of you or that you are just smarter than everyone else.

My take on it all is this, your retirement is based on three things OPM (office of personnel management), Social Security, and TSP (thrift savings plan). Now you have some control over each segment of these. How, well by working longer into your short life, more years invested the likelihood that your retirement benefits will be higher. You can also invest in the TSP. Now many people think this is a risky adventure, but with some risk you have the opportunity for far greater rewards. This venue gives you the greatest chance to retire with a nest egg that when used wisely will help you live comfortably into your future. I can't tell you what avenues within TSP to invest in nor can I tell you how much, but I can tell you if you don't take the time to go on that website and educate yourselves that when it comes time to retire from the USPS you just might find your financial wherewithal isn't what you thought it would be. I suppose that you can always hope to win Powerball or Mega millions, but I'd probably go with a surer investment.

Winter will soon be upon us, snow, sleet and cold. Please remember to always be safe out there no matter what, coming home at the end of the day in the same condition as when you left for work to start the day is imperative.

Safe Travels,

William J. Piwowarski, MaRLCA President

USPS EMPLOYEE ASSISTANCE PROGRAM
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www.EAP4YOU.com



Report of the Vice-President

Robert "Bob" Richardson



Hello once again Rural Carriers! Can you believe that 2022 is about to come to an end? It seems like we were just at convention and now we are layering up for the winter months.

I would like to start off by saying "thank you" to all the members who took time out of their schedules to attend their district meeting, state meeting, or both. I have always felt that if I attend a meeting and walk out with any new information, the time was well spent. Please make every effort to attend these meetings. We have them for your benefit. There is still a lot of questions, or confusion regarding RRECS, FSS, route consolidation, etcetera. We will have someone at these meetings that can answer your questions, ease your nerves, lower your blood pressure, and calm your stress by just answering a few of these questions.

So, you probably have heard of the phrase "Winter is Coming" from the tv show Game of Thrones. And that it is. As we approach December, we as carriers need to be a little more cautious and stress SAFETY. I know that you have heard this over and over through the years, but it is NOT a joke. So many things can happen in the blink of an eye. So, make sure you know what you are allowed to do. Talk to your stewards to get the appropriate answers, not your managers answer. Carry extra clothing, lights, water and food. During the month of December, we will begin Christmas overtime. Once again, talk to your stewards and look at your National Magazine under the article from the Director of Steward Operations. Please, read the Q & A section from her article. This will give you an understanding of what management can and cannot do during this time period. What is considered auxiliary assistance, what a regular carrier can and cannot do, and so on. This effects your hours and your pay.

So, what can we expect in 2023? In one word, CHANGE! If you have not heard, or read any of the articles out in print, FSS is going away. Yes, you read that correctly. FSS is being phased out and it is predicted that by January 2023, we will be back to the old way of getting our flats, RAW. This brings up many questions and again you will need to stay on top of all the happenings, or you will be left behind. The plants that housed these machines are being cleared out and the PMG's plan is that these plants will now host a number of delivery offices. Think of it as a "hub" for mail delivery, similar to Sunday Amazon parcel delivery. If this is to happen, it opens up many questions. Questions such as; who is the senior carrier, can an RCA be forced to do another route in a town they don't know, and so on. I cannot say enough how important it will be to attend the meetings get those questions answered, facts straight, and most important to protect your rights as a rural carrier.

My last item for this issue of the BRJ is regarding stepping up and becoming a union officer. Do you know who is retiring next year? We all move on at some point, and we need you to fill some of these positions. Please consider running for a District Officer position. You can run for a State Officer position, but it is a lot easier to get acquainted with the operations of a District before going to the State level. This will all take place at the 2023 Spring District meetings that will be held in the month of February. I would also like to encourage you to put your name in to be a delegate to the 2023 National Convention that will take place in the month of August in Grand Rapids, Michigan. Like I have stated, we need you. For an example, last year we almost went to the National Convention a few delegates short. This could -

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Sec-Treasurer's Two Cents

Lorraine Pacheco



10:10 AM
11/13/22
Cash Basis

MaRLCA Statement of Financial Position As of November 13, 2022

	Nov 13, 22	Nov 13, 21	\$ Change
ASSETS			
Current Assets			
Checking/Savings			
1000000 · TD Bank	0.00	22,213.34	-22,213.34
1100000 · APCU Savings Account	203,285.09	172,475.53	30,809.56
1100500 · APCU Checking Account	9,937.70	5,000.58	4,937.12
1200000 · APCU CD's			
1200080 - CD #80	11,877.78	11,548.68	329.10
1200070 · CD #70	29,324.23	29,095.95	228.28
1200075 · CD #75	23,953.82	23,758.12	195.70
1200077 · CD #77	23,774.88	23,597.74	177.14
1200079 · CD #79	30,453.13	30,232.94	220.19
Total 1200000 · APCU CD's	119,383.84	118,233.43	1,150.41
Total Checking/Savings	332,606.63	317,922.88	14,683.75
Total Current Assets	332,606.63	317,922.88	14,683.75
TOTAL ASSETS	332,606.63	317,922.88	14,683.75
LIABILITIES & EQUITY			
Liabilities			
Current Liabilities			
Other Current Liabilities			
2100000 · Payroll Liabilities	798.12	-2,354.15	3,152.27
Total Other Current Liabilities	798.12	-2,354.15	3,152.27
Total Current Liabilities	798.12	-2,354.15	3,152.27
Total Liabilities	798.12	-2,354.15	3,152.27
Equity			
3900 · Net Assets	330,376.48	279,988.00	50,388.48
Net Income	1,432.03	40,289.03	-38,857.00
Total Equity	331,808.51	320,277.03	11,531.48
TOTAL LIABILITIES & EQUITY	332,606.63	317,922.88	14,683.75



Report of the Vice-President

Robert "Bob" Richardson



...(continued p.4)

have been avoided if there were additional names on an alternate list. Don't think that you won't get selected, get your name out there. Things happen unexpectedly and we need members ready to go. I know from experience that the first step is scary, but we will not let you fail. If you are the selected person, we will train you and work with you. As for being a delegate, we will make sure you feel comfortable and let you know what goes on along the way. Each and every one of us started in the same place. From that starting point, we all took things at our own pace. You can do this! Take that next step.

Respectfully Submitted,

Robert Richardson, MaRLCA Vice-President

Recognitions



Congratulations to MaRLCA Outstanding Member Matthew Barrett!

At the recent Fall Booster Meeting Barret was honored by MaRLCA Vice-President Bob Richardson, on behalf of the MaRLCA and the National Rural Letter Carriers' Association, with the Outstanding Member Award for his continued efforts and contributions to our organization and to our craft.



Sec-Treasurer's Two Cents

Lorraine Pacheco



Into the New Year

The winter issue of the Backroads Journal can only mean one thing, 2022 is coming to an end.

This past year we were able to hold in-person state & district meetings, attend trainings, and National Convention. As required, I attended all of our meetings this year. It was nice to see new faces at these meetings. If you haven't been to a meeting, please consider attending the upcoming spring district meetings. Meetings are a great way to have any questions or concerns addressed.

This year we had twelve delegates attend the national convention in Orlando, FL. I'm happy to report that the three resolutions Massachusetts submitted moved up. Being a national delegate is NOT a vacation. I appreciate all the hard work and long hours our delegates endured this past convention. I'm sure that they all walked away with a better of understanding of the process and how it affects our members. If you're considering running for national delegate, fill out the nomination form and get on the ballot in the spring. The 2023 national convention will be held August 15-18th in Grand Rapids, MI.

Eastern States conference will be held in Portland, Maine March 24-26th. The conference is a great way to network with carriers from other states and meet members of your national board. The conference features several workshops and a banquet on Saturday night. Again, if this is something your'e interested in attending please fill out the registration form and mail it to me by the deadline. Our state will pay your registration fee. Hotel info is also on the registration form. Make your hotel reservations early. Elections will be held in the spring for both district and state officers, and delegates for the 2023 national convention. If you've ever thought of running for an elected position, now is the time. District officers are elected at their respective meetings. Ballots for State officers and national delegates will be sent out in April to every member. **All nominations need to be in the designated PO Box by close of business on March 18th.**

The election process is very costly to our state. Please exercise your right as a member and vote. Lastly, I'd like to wish everyone a happy and healthy holiday season. This time of year is very stressful for rural carriers. EAP is a great resource and only a phone call away. Their phone number is 1-800-EAP-4YOU.

Happy Holidays,

Lorraine Pacheco, MaRLCA Secretary / Treasurer



From The District Rep's Desk

Art Courcy, MA-RI and CT DR



Christmas Period

It is hard to believe but here we are again, another holiday season is upon us. The Christmas period this year begins on December 3rd and ends on December 23rd. During this time, I want to stress that all rural carriers need to work safely. Due to the added stresses that may naturally arise from some of the demands placed on our carriers during this time of year, you could find yourself in a situation that becomes unsafe. Especially this time of year, some additional pressures may be placed on you needlessly in the workplace. First and foremost, everyone needs to work safely. Do not let anyone force you to work in an unsafe manner, just to "make the numbers". Your safety should always be paramount.

During the Christmas period, regular rural carriers are eligible for two (2) types of overtime:

FLSA overtime and Christmas overtime

FLSA overtime is paid at all times of the year for work hours that exceed 12 hours per day or 56 hours in one (1) work week.

Regular rural carriers are paid Christmas overtime under two circumstances:

- 1) Christmas Assistance - assistance provided by the regular carrier on their relief day. These work hours are entered in the "Xmas Assist" box on the PS Form 1314.
- 2) Hours a regular carrier works in excess of the route's evaluation are paid at the overtime rate. This is based on the total actual work hours for the week, rather than each day. (**Note:** *Paid leave taken is credited as work performed for the purpose of determining work hours*)

The overtime rate for a regular (FLSA Code B) carrier is 150 percent of the carrier's regular rate. The regular rate is calculated by dividing the total compensation received for hours actually worked since the beginning of the guarantee year (excluding overtime) by the total number of work hours since the beginning of the guarantee year (excluding overtime).

If a carrier has an "X" day balance prior to the beginning of the new guarantee period (October 8, 2022), the balance will not be available for use until the Christmas period ends.

If a regular carrier works their relief day during this time and is entitled to a future "X" day, it must be taken during the same pay period. Rural timekeeping will not allow a DACA 3 or DACA R to be entered without a corresponding DACA X.

If a regular carrier is required to work their designated Christmas holiday, they would receive 1-and-a-half times the daily rate of pay in *addition* to the holiday leave pay. **Note:** This daily rate does not apply to any other designated holiday (only Christmas).

RCAs are entitled to FLSA overtime when they have worked in excess of 40 hours in one work week.

RCAs serving any auxiliary route are compensated at the hourly wage for actual work hours and are not paid the evaluated hours during this period.

Please keep in mind that Christmas overtime is not an entitlement, it is an option. Your contractual rights do not change simply because management is controlling work hours. It is the position of the NRLCA that reporting -

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From The District Rep's Desk

Art Courcy, MA-RI and CT DR



... (continued p.8)

times should not be changed on a daily or weekly basis. Rural carriers should receive reasonable advanced notice when the schedule is to be changed.

If rural carriers feel pressured or forced to work in a manner that places them in an unsafe situation, they should request a PS Form 1767 Report Of Hazard, Unsafe Condition Or Practice. Complete the form and return it to your supervisor. Discuss the issue and if it is not resolved, contact your steward.

Bidding Issues/Passwords

We are continuing to have rural carriers that are unable to bid through the automated bidding system due to not having access to liteblue.usps.gov. This becomes a major problem for the carrier as all bidding must be done online through the automated bidding system or via the automated telephone system. The Postal Service in June 2022, announced that employees must reset their self-service profile (SSP) password to comply with the organization's new security requirements and to avoid disruptions to their access. All employees were sent mailings and service talks should have been given.

An SSP password allows employees to access several websites and applications that provide important personal information, including LiteBlue, PostaleASE and ePayroll.

To reset your password, go Liteblue.usps.gov, then select "password recovery" and follow the prompts. Next, log in again to verify account access.

New passwords must be at least 15 characters in length. In addition, the following two rules will apply to SSP passwords:

- The last five passwords cannot be reused.
- The password cannot contain the employee's first name, last name or employee identification number.

If you have not reset your password, please do not wait any longer as a problem accessing the system to bid may affect you next.

NRLCA.org

I am sure that all of you are aware of the vast number of issues that are being dealt with at the national level. RRECS, retroactive pay adjustments, continuous violations of our national agreement, handbooks, and manuals, just to name a few. Please check the NRLCA national website (NRLCA.org) often as this is the quickest way to get any updates that may occur. It is also the best place to find the most accurate information regarding rural craft issues. Attending Union meetings is also a very effective and informative option. We need more participation at all of our meetings and events. I hope to see you at one soon!

Until then, I wish you all a very Happy and Healthy holiday season and New Year!

Art Courcy, MA-RI and CT District Rep

Correspondences

Letters from the USPS Employee Assistance Program

Building an Inclusive Culture For LGBTQI+ Employees

Feeling excluded can be a common problem for many people in the LGBTQI+ community. It is important to understand the toll that discrimination and rejection may take on a person. They can lead to mental health and addiction issues, for which the rates are higher among the LGBTQI+ population. Feeling harassed and isolated from a group setting, including a workplace, can have devastating impacts including increases in depression and anxiety symptoms, reduced sleep, decreased job satisfaction and suicidal thoughts. Feeling excluded can also have a negative impact on productivity and morale in a workplace.

The following steps may help in establishing and nurturing an inclusive culture for everyone:

Be mindful and self-aware of biases. Ask yourself the following questions:

- What sort of biases are you bringing to work about specific groups/communities of people?
- What language do you use that might cause others to feel excluded?
- How does your demeanor and behavior signify that you welcome all types of people?
- Do you find yourself having closer relationships with certain people and not with others? The answers can provide valuable information in identifying issues that may need to be address within yourself.

Value diversity. If you value what others can uniquely contribute to the workplace, they will feel included.

Be aware and accepting of differences. If people do or say things in a manner differently than that in which you are familiar, make an effort to understand (and if possible, appreciate) where they are coming from.

Communicate openly. Open communication will likely make acceptance easier because you may find that differences aren't as difficult to accept once you have a better understanding.

Practice good manners. Being polite and showing courtesy will encourage other to do so as well.

Work together. If everyone feels they are a contributing member of a team, they are sure to feel included.

Practice listening skills. If people feel heard, they will feel included.

Creating a culture of inclusion takes understanding. Understanding requires empathy. With time and open minds, more inclusive work environments and relationships can be built. Reach out to your EAP if you are interested in creating a more inclusive culture in your workplace. We can help.

Eastern States Conference

March 24-26, 2023, Portland, Maine

The Eastern States Conference will be held Friday March 24, 2023 -Sunday March 26, 2023, at *The DoubleTree by Hilton, 363 Maine Mall Rd, Portland, ME, 04106*. The room rate will be \$119 night for double occupancy plus taxes. Maximum occupancy for each room is 4 people. The rate includes complimentary parking and wi-fi. The discounted rate is applicable 2 days prior and 2 days after. For hotel reservations, call 1-800-560-7753. Our group code is 'NRL'. Hotel reservations must be made by March 9th, to receive the group rate.

Registration for the conference is \$40 per person. Registration for non-conference guests wishing to participate in the breakfasts and all other program activities is \$15 per person. The deadline for registering is **March 14, 2023**. Registrations received after March 14th or "at the door" will be \$50 for conference attendees and \$20 for non-conference guests wishing to participate in the breakfasts and all other program activities. Registration will include continental breakfast on Friday, Saturday and Sunday, and all program activities. The Saturday evening Banquet will be \$40.

The Executive Committee meeting will be Thursday, March 23, 2023, at 6 PM.

Eastern States Conference Registration

To register to attend the Eastern States Conference, please send your check made payable to Eastern States Conference by **March 14, 2023**, to:

Lorraine Pacheco
ESC Secretary-Treasurer
368 Washington St
Taunton, Ma 02780

Due to commitments to submitted totals that are required in advance, we cannot give refunds.

Eastern States Conference Registration

Name(s): _____

Home Address _____

Work Address _____

Phone: _____ Email: _____

Saturday Evening Banquet Tickets	Number	_____	x \$40.00 =	_____
Registration (Conference Attendees)	Number	_____	x \$40.00 =	_____
Registration (Non-conference Attendees)	Number	_____	x \$15.00 =	_____
Total \$				_____

Check this box if you wish to have a hard-copy receipt mailed to you.

Correspondence From the Convention Floor



Photos Submitted by

Chrissy Chamberland and Robert Richardson



Taking place this year from Sept. 6—9th, National Convention saw delegates turn out to Orlando, FL from across the country, including a dozen MaRLCA members who traveled south to have their voices heard.

Top: State flags line the front registration brought by rural carriers from across the country.

Mid-left: A 2023 model Oshkosh Defense Mail Delivery vehicle sits on display for delegates to see first-hand.

Mid-right: MaRLCA District #1 President Bruce Lackey, District #2 President Dianne Daley, and PAC Chair Chrissy Chamberland in attendance at this year's convention.

Bottom-left: MaRLCA President Bill Piwowarski prepares to present the Massachusetts state flag to the delegation floor.



National Convention 2022: Chrissy's Perspective

Chrissy Chamberland, PAC Chair

Overall; it was awesome! It's a lot: sitting, listening, observing, participating, and questioning. It can get overwhelming, and a bit boring at times, there is very little down time or time to explore the area, but the whole process was amazing. Of course, I'm weird and enjoy things like this so for me this was a great experience! Its not for everyone but if you like this stuff I highly recommend going. I hope to go again in 2023 if voted in as a delegate.

Monday was super busy for me even though it is not a regular convention day. As PAC chair I went to the Legislative Seminar which talked about all the bills in congress. I received more information on the Postal Reform Act that just passed (see my PAC Update), and the two other bills we have in the works. Then I had a PAC luncheon and seminar which talked more about those bills and information on how to do my job as PAC chair. Apparently, there is a contest (we're in group 3) and we can win prizes for raising the most money in our grouping. I also learned that only 3% of our total membership gives to PAC, non-postal employees can donate to PAC, and probably the most informative for our members: Your name will only appear in the magazine once per year, when you have reach that particular milestone. It does not stay on the list each month. So much more too! From there I was off to the State of the Union address, I was a little late as the PAC seminar overlapped the SotU. I arrived for an important part; why the Sept count and RRECS was put on hold. President Stutts also talked about the current issues being worked on at the national level, back pay being a big one along with retention and hiring. After that was the First Timers' Orientation Seminar. They gave us some tips and tricks to making it through the long days ahead of us, how to vote and speak during the business meeting, the different parts of the business meeting, and other things going on during the convention. I also had to serve my hour at the PAC table today as well.

Tuesday is when the actual conference began. Each morning I would get up early to help PAC set up. The rest of the day was spent sitting in the convention hall. Tuesday we heard Dejoy speak, there was a acapella group that sang during the memorial service, parade of flags, military greeting and were introduced to the key players of the NRLCA, National Auxiliary, Juniors, and local officials. Some Awards were handed out, then in the afternoon it was down to business with reports of officers, legislative report, insurance programs, more awards and then dinner. But not for me I went to the Academy Trainers Seminar. Wednesday was much of the same except different topics and ended with the banquet. More importantly we started discussing Constitution changes and Resolutions. This continued into Thursday as well. This was truly interesting to watch and participate in. The different perspectives, for and against, silly to serious. Thursday was caucus night; we got to listen to those running for positions and ask questions. Gave you a good idea of who would work out, who wouldn't and what their real motives were. I learned a lot. Friday was the election of officers. It's a long process if no one wins the majority, which only happen for 2 of the 7 positions and none went past round 2 of voting. We also finished off the Constitution Changes and Resolutions. We started on the Appeals; there were a lot, and the were all from the same person (except 1). Each day ran late, some more than others. I have so much more to say but my 1 page is filled so I guess I will end here.

I'm happy to chat if you want to know more!

Chrissy Chamberland, PAC Chair

Political Action Committee (PAC)

Chrissy Chamberland, PAC Chair

Hello!

I have some super exciting news to share, well some of you may already know, but I'll tell you again anyway.

HR 3076 Postal Reform

- Passed 342-92 (house) 79-19 (Senate) Signed into Law 4/6/2022.
 - Highlights: Ends retirement pre-funding, Medicare enrollment, Six-day mail delivery, Can provide certain non-postal products, publicly available dashboard to track service, Postal Regulatory Commission must submit budget of expenses annually (to USPS).
 - Medicare integration Key Dates:
 - January 2023: any plan participating in PSHB program must include plans with benefits Equivalent to FEHB for postal workers and annuitants.
 - April 1, 2024: Special enrollment period for annuitants NOT enrolled in Part B to enroll penalty free (6-month period).
 - January 1, 2025: Current employees under age 64 as of this date will be required to enroll in Medicare Part B once eligible.
- ***NOTE: current annuitants will not be required to enroll in Medicare Part B if they choose to stay out***

HR 4268 Federal Retirement Fairness Act (buyback time)

- Only 98 representatives have signed on, 250 needed to be presented on the house floor.

HR 3287 USPS Service Shipping Equity Act

- Repeals pre-prohibition law banning the shipment of alcoholic beverages through the mail. Less than 20 representatives have signed on.

2022 PAC Totals

Thank you to everyone who contributed to PAC in 2022! We had an awesome year and raised \$3,360.00. This amount is a combine total of all district meetings, both state meetings, and the national convention. This does not include sustaining donor amounts.

	Fall Meetings	Spring Meetings	Total
D1:	\$55	\$160	\$215
D2:	\$220	\$295	\$515
D3:	\$220	\$230	\$450
State:	\$395	\$815	\$1210
Convention:			\$970



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Political Action Committee (PAC)

Chrissy Chamberland, PAC Chair

...(continued p.14)

Since we have a tie for the fall meetings, I will bring a special something to each of the meetings as a thank you! And congratulations to District 2 for raising the most money in 2022!

Chrissy Chamberland, PAC Chair

Who Ya Gonna Call? Stewards at a glance

District Representative, MA-RI and CT (*Full Time DR*)

Art Courcy, Arthur.Courcy@nrlca.org
508-761-6870

Full-Time Assistant District Representative (MA-RI and CT)

Joan Tenerella, Joan.Tenerella@nrlca.org
401-536-8697

Full-Time Assistant District Representative (CT)

Michael Merola, Michael.Merola@nrlca.org
860-921-7643

Part-Time District Representatives:

Dan Cote (Massachusetts)
Daniel.Cote@nrlca.org
978-237-2625

Matthew Barrett (Massachusetts)
Matthew.Barrett@nrlca.org
508-443-7383

Area Stewards:

Ed Knight
Edward.Knight@nrlca.org
413-323-7392

Theron Boudakian
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774-266-7056

Thomas Gorman
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State Executive Officers:

President: Bill Piwowarski (508) 344-2475

william.piwowarski@nrlca.org

Vice President: Robert Richardson (978) 314-4449

rnrich84@comcast.net

Sec-Treasurer: Lorraine Pacheco (774) 244-0837

Lorraine.pacheco@nrlca.org

District Presidents:

#1: Bruce Lackey

#2: Dianne Daley

#3: Clifford Morris

Appointed Positions:

Assistant

Sec-Treasurer: Steven Kane-McCarthy

Marlca_steve@me.com

PAC Chair: Chrissy Chamberland

Editor:

Wyatt Aloisio

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